

1. (a) $A^\dagger = (XP_x X)^\dagger = X^\dagger P_x^\dagger X^\dagger = XP_x X = A$, so A is Hermitian.

$$(b) [A, X] = XP_x X^2 - X^2 P_x X = X \left(XP_x + \underbrace{[P_x, X]}_{-i\hbar} \right) X - X^2 P_x X = -i\hbar X^2$$

(c) $\langle n | A | n \rangle = \langle n | XP_x X | n \rangle = \langle n | \frac{x_o}{2}(a_+ + a_-) \frac{p_o}{2}(a_- - a_+) \frac{x_o}{2}(a_+ + a_-) | n \rangle = 0$ because none of the product terms (each of which will contain three a_{\pm} operators) can contain equal numbers of a_+ and a_- operators.

2. First, notice that $L_+ |1, 0\rangle = \hbar\sqrt{2} |1, 1\rangle$ and $L_- |1, 1\rangle = \hbar\sqrt{2} |1, 0\rangle$.

We also have $L_x = (L_+ + L_-)/2$ and $L_y = (L_+ - L_-)/2i$.

$$(a) \langle L_z \rangle_\psi = \left(\langle 1, 1 | - \langle 1, 0 | \right) L_z \left(|1, 1\rangle - |1, 0\rangle \right) / 2 = \hbar(1 + 0) / 2 = \hbar/2$$

$$(b) \langle L_x \rangle_\psi = \left(\langle 1, 1 | - \langle 1, 0 | \right) (L_+ + L_-) \left(|1, 1\rangle - |1, 0\rangle \right) / 4 = \hbar(-\sqrt{2} - \sqrt{2}) / 4 = -\hbar/\sqrt{2}$$

$$(c) \langle L_y \rangle_\psi = \left(\langle 1, 1 | - \langle 1, 0 | \right) (L_+ - L_-) \left(|1, 1\rangle - |1, 0\rangle \right) / 4i = \hbar(-\sqrt{2} + \sqrt{2}) / 4i = 0$$

3. Remember that $|\uparrow\rangle = (|\uparrow_x\rangle + |\downarrow_x\rangle) / \sqrt{2}$ and $|\downarrow\rangle = (|\uparrow_x\rangle - |\downarrow_x\rangle) / \sqrt{2}$

$$\begin{aligned} |1, 0\rangle &= (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle) \frac{1}{\sqrt{2}} \\ &= \left[\underbrace{\left(|\uparrow_x\rangle + |\downarrow_x\rangle \right) \frac{1}{\sqrt{2}}}_{|\uparrow\rangle} \cdot \underbrace{\left(|\uparrow_x\rangle - |\downarrow_x\rangle \right) \frac{1}{\sqrt{2}}}_{|\downarrow\rangle} + \underbrace{\left(|\uparrow_x\rangle - |\downarrow_x\rangle \right) \frac{1}{\sqrt{2}}}_{|\downarrow\rangle} \cdot \underbrace{\left(|\uparrow_x\rangle + |\downarrow_x\rangle \right) \frac{1}{\sqrt{2}}}_{|\uparrow\rangle} \right] \frac{1}{\sqrt{2}} \\ &= \left(|\uparrow_x\uparrow_x\rangle - |\downarrow_x\downarrow_x\rangle \right) \frac{1}{\sqrt{2}} \end{aligned}$$

So, a measurement of S_x will result in same values ($\pm\hbar/2$ with equal probabilities) for both particles. That is because unlike the $|0, 0\rangle$ state, $|1, 0\rangle$ state is not spherically symmetric.